

# LEGAL SEA FOODS

If it isn't fresh, it isn't Legal!®

## RAW BAR\*

PURE, NATURAL, AND PREPARED TO ORDER

OYSTERS OF THE DAY*	4
COLOSSAL NAKED SHRIMP COCKTAIL	23
BLACKENED RAW TUNA TATAKI*	21.5
sesame chili vinaigrette, seaweed salad, wasabi cream	

## STARTERS

NEW ENGLAND CLAM CHOWDER	12
LEGAL'S SIGNATURE CRAB CAKE	27
local organic leaf lettuce, apples, dried cranberry, apple Dijon vinaigrette	
CRISPY CALAMARI with tartar sauce	19
RHODE ISLAND (HOT PEPPERS & GARLIC)	20

## SALADS

GREEK SALAD	13.25
tomato, cucumber, feta, chickpeas, Kalamata olives, lemon-oregano vinaigrette	
HOUSE SALAD	13.25
local organic leaf lettuce, apples, dried cranberry, blue cheese, candied walnuts, apple Dijon vinaigrette	
CLASSIC CAESAR SALAD	13.25
romaine hearts, garlic croutons, shaved romano, creamy dressing	
TOP SALADS WITH:	
GRILLED OR CAJUN CHICKEN	8
GRILLED OR CAJUN COLOSSAL SHRIMP	15
GRILLED OR CAJUN TUNA*	17
GRILLED ORGANIC SALMON*	21
LOBSTER OR CRABMEAT SALAD	MKT

## CRISPY FRIED

TRADITIONAL NEW ENGLAND OR ANGRY STYLE served with french fries and coleslaw

JUMBO NAKED SHRIMP	31.5
NEW ENGLAND CLAMS	MKT
whole-bellied, sweet & petite	
FISHERMAN'S PLATTER	46
jumbo naked shrimp, local whitefish & calamari	
FISH & CHIPS	33
locally-sourced by our good friend, Tory Bramante	

## FRESH CATCH

served with your choice of two sides

ORGANIC SALMON*	38.75
EU Organic, Isle of Skye Scotland	
TUNA STEAK*	44.5
scan below for today's origin	
COLOSSAL SHRIMP	38
all natural, BAP 4-Star Certified Sustainable, Bay of Bengal	

ADD AN ENHANCEMENT  
cajun spice | garlic butter

Scan for details on today's Fresh Catch!



## DESSERTS

BOSTON CREAM PIE	12
sponge cake, custard, chocolate sauce, crème anglaise, almonds, toffee bits	
KEY LIME PIE	12
lime custard, raspberry sauce, whipped cream	

**OUR GLUTEN FREE PROMISE:** At Legal Sea Foods, we're committed to offering gluten free menu items for our guests - a mix of items that are naturally or can be prepared gluten free. In fact, our famous fry mix is gluten free - so all of your crispy fried favorites can be enjoyed. Please specify with your server if you prefer Gluten Free preparation.

**THE RAW FACTS:** Before placing your order, please inform your server if a person in your party has a food allergy. \*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

## LEGAL TEST KITCHEN & CLASSICS

HERB CRUSTED SALMON*, ORGANIC SEA HARVEST, ISLE OF SKYE	38.75
asparagus, mushroom, and farro salad, cider Dijon vinaigrette	
NORI-CHILI CRUSTED YELLOWFIN TUNA*	44.5
jasmine rice, roasted broccoli, ponzu sauce	
LEGAL'S SIGNATURE CRAB CAKE & SHRIMP COMBO	48
lump crab cake, mustard sauce, greens, apples, dried cranberry, apple Dijon vinaigrette	
NEW ENGLAND BAKED HADDOCK - ANNA'S WAY	33
buttered crumbs, roasted tomato, jasmine rice	

## SANDWICHES

DOUBLE RANCH USDA PRIME BACON CHEDDAR BURGER*	21
applewood smoked bacon, Vermont cheddar, lettuce, tomato, french fries & coleslaw	
NEW ENGLAND CRAB ROLL	39
delicate New England crabmeat with mayo, french fries & coleslaw	
SBLT	20
salmon bacon, lettuce, tomato, mayo, toasted sourdough, french fries & coleslaw	
PETIT LOBSTER ROLL & CUP OF CHOWDER	41
HALF POUND MAINE LOBSTER ROLL	49
traditional with lemon mayo, french fries & coleslaw	
MAKE IT A FULL POUND	+ 45
CRAB CAKE SANDWICH	36
avocado, sriracha mayo, toasted brioche bun, french fries & coleslaw	
FISH TACOS	20.75
crispy local whitefish, pickled red cabbage, chipotle aioli, pico de gallo, fried plantains	
GRILLED CHICKEN SANDWICH	19.5
applewood smoked bacon, Vermont cheddar, lettuce, tomato, mayo, french fries & coleslaw	
SIDES	
COLESLAW	4.5
JASMINE RICE	8
FRENCH FRIES	8
BROCCOLI	8
ASPARAGUS	9

## BREAKFAST SERVED UNTIL 10AM

ALL AMERICAN BREAKFAST*	20
3 eggs cooked to any style, bacon, brioche toast & home fries	
LEGAL BREAKFAST SANDWICH	15.5
scrambled eggs, bacon, monterey jack cheese, brioche, home fries	
OMELETS - SERVED WITH BRIOCHE TOAST & HOME FRIES	
VEGETABLE	17.75
roasted red peppers, avocado, tomato, scallions, monterey jack cheese	
BACON CHEDDAR	17
SHRIMP AVOCADO	27
pico de gallo, monterey jack cheese	
SEASONAL FRUIT PARFAIT	11
greek yogurt, granola, seasonal fruit	
HOME FRIES	6
BRIOCHE TOAST	3.5
BACON	6