

### Allergy Key

**W**-wheat | **E**-egg | **So**-soy | **M**-milk | **SH**-shellfish  
**F**-fish | **P**-peanut | **T**-tree nut | **SE**-sesame

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## Chowder & Soup

**NEW ENGLAND CLAM CHOWDER** W,M,SH,F  
our award-winning recipe

**LOBSTER BISQUE** W,M,SH,F  
lobster meat garnish, cream sherry

## Raw Bar

pure, natural, and prepared to order

**OYSTERS OF THE DAY\*** So,SH,F

**LITTLENECK CLAMS\*** NEW ENGLAND So,SH,F

**SHRIMP COCKTAIL** So,SH,F  
BAJA, MEXICO

**SEAFOOD TOWER\*** W,E,So,M,SH,F,Se  
oysters, clams, shrimp cocktail, lobster, tuna tartare, seaweed salad

**TUNA TARTARE\*** W,E,So,M,SH,F,Se  
gochujang marinated cucumbers, avocado crema, rice paper crisps

**TUNA TATAKI\*** W,So,M,F,Se  
cajun blackened, citrus soy sauce, seaweed salad, wasabi cream

## Starters

**CALAMARI, CRISPY FRIED** E,So,M,SH,F  
GULF OF MAINE regular with tartar sauce or Rhode Island style (*hot peppers & garlic*)

**CRAB CAKE, LEGAL SIGNATURE** W,E,So,M,SH,F  
lump crab, mustard sauce, greens, corn, onions, tomatoes, Dijon vinaigrette

**BURRATA** W,So,M,SH,F,T,Se  
warm tomato onion jam, pesto, crostini

**BANG BANG CAULIFLOWER** W,E,So,M,SH,F,P,Se  
tempura fried, kung pao sauce (contains peanut oil)

### LEGAL SEA-CONES

*Made for sharing, these golden, flaky puff pastry cones are packed with rich, savory seaside favorites. All the fun of ice cream vibes, but flavor-packed and seafood-filled. Mix and match a few to create a crave-worthy medley!*

**LOBSTER** W,E,So,M,SH  
traditional with lemon mayo or warm butter-poached

**BUFFALO SHRIMP** W,E,So,M,SH,F  
buffalo style popcorn shrimp, blue cheese dressing and crumbles

**SMOKED SALMON TARTARE\*** W,E,So,M,F  
lemon-dill yogurt

## Sushi

**MODERN NIGIRI\*** two pieces So,F  
served over seasoned rice with soy sake glaze  
**MAGURO (TUNA) | SAKE (SALMON)**

**SASHIMI\*** three pieces F  
**MAGURO (TUNA) | SAKE (SALMON)**

### Specialty Maki

**CALIFORNIA ROLL** SH,F,Se  
Jonah crab, avocado, cucumber

**RAINBOW ROLL\*** SH,F,Se  
California roll topped with tuna, salmon, avocado

**SHRIMP TEMPURA ROLL\*** W,E,So,M,SH,F,Se  
avocado, cucumber, tobiko, spicy mayo, teriyaki

**FIRECRACKER ROLL\*** W,E,So,M,SH,F,P,Se  
spicy tuna, salmon, tempura shrimp, avocado

**LOBSTER TEMPURA ROLL\*** W,E,So,M,SH,F,Se  
avocado, lobster, tobiko, spicy mayo, teriyaki

**SPICY ROLLS\*** cucumber, spicy mayo E,So,F,Se  
**TUNA**  
**SALMON**

**DRAGON ROLLS\*** topped spicy rolls W,E,So,F,Se  
**RED** tuna  
**ORANGE** salmon  
**GREEN** salmon with avocado

## Brunch

Introducing our new brunch offering, every Saturday and Sunday from 10am-2pm

**SWEET CINNAMON ROLLS** W,E,So,M

**SMOKED SALMON AVOCADO TOAST\*** W,E,So,M,SH,F,Se  
sourdough toast, everything bagel seasoning, arugula salad, home fries

**BANANAS FOSTER WAFFLES** W,E,So,M,SH,F  
dark rum caramel, cinnamon, whipped cream, home fries

**LOBSTER WAFFLE** W,E,So,M,SH,F  
brown sugar butter-poached lobster tail, herbed mascarpone, spicy maple syrup, home fries

**TRADITIONAL EGGS BENEDICT\*** W,E,So,M,SH,F  
hollandaise, canadian bacon, home fries

**CRAB CAKES BENEDICT\*** W,E,So,M,SH,F  
hollandaise, home fries

**SMOKED SALMON BENEDICT\*** W,E,So,M,SH,F  
hollandaise, home fries

**SHRIMP, LEEK, AND BASIL QUICHE** W,E,So,M,SH,F  
arugula pickled red onion and tomato salad, home fries

**SHRIMP & CHORIZO HASH\*** E,M,SH  
poached eggs

**BREAKFAST SANDWICH\*** W,E,So,M,SH,F,Se  
two eggs any style, bacon, cheese, tomato, spinach, chipotle aioli, home fries

**FARMERS OMELET** E,So,M,SH,F  
bacon, sausage, cheddar, home fries

**LOBSTER OMELET** E,So,M,SH,F  
poached lobster, asparagus, goat cheese, home fries

**CAJUN SHRIMP OMELET** E,So,M,SH,F  
cherry tomatoes, avocado, spinach, peppers, onions, feta, home fries

**ALL AMERICAN BREAKFAST\*** W,E,So,M,SH,F,Se  
three eggs any style, sourdough toast, home fries, and choice of:  
sausage or apple smoked bacon,  
OR SMOKED SALMON

**BRUNCH SMASH BURGER\*** DOUBLE R RANCH, WA W,E,So,M,SH,F,Se  
applewood smoked bacon, cheddar, fried egg, bloody mary ketchup, pickles, french fries, coleslaw

**TRADITIONAL BREAKFAST SAUSAGE** SH,F,Se  
**APPLEWOOD SMOKED BACON** SH,F,Se  
**LEGAL HOME FRIES** E,So,M,SH,F

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## A New Legal Experience

Choose a Protein From the Sea or Butcher's Table, a Flavor Style, and Two Sides

Offering a sea of choice in preparation and personal taste, from the adventurous palate to the tried and true, we have something for everyone. Ask your server for recommendations and fan favorites.

### From the Grill

We work to ensure responsible sourcing of the freshest harvested and farmed seafood possible. Learn more at [legalseafoods.com/freshly-sourced](http://legalseafoods.com/freshly-sourced)

**MARKET FISH** So,SH,F,SE  
 catch it before it's gone for the season

**COD LOIN SEARED** So,SH,F,SE  
 ICELAND MSC Certified Sustainable

**RAINBOW TROUT GRILLED** So,SH,F,SE  
 COLOMBIA BAP 4-Star Certified Sustainable

**ARCTIC CHAR GRILLED** So,SH,F,SE  
 ICELAND

**SALMON\* GRILLED** So,SH,F,SE  
 HELGELAND COAST, NORWAY

**YELLOWFIN TUNA\* SEARED** So,SH,F,SE  
 WILD CAUGHT visit Freshly Sourced for today's origin

**SHRIMP GRILLED** So,SH,F,SE  
 BAJA, MEXICO

**HALF CHICKEN ROASTED** So

**SIRLOIN STEAK TIPS\* 12oz GRILLED** So,SH,F,SE  
 DOUBLE R RANCH, WASHINGTON STATE

### Flavor Styles

simply prepared with lemon & olive oil, or enhance with one of our chef-curated flavor combinations

#### Fresh & Savory

Lemon Butter & Crispy Capers E,So,M,SH,F  
 Garlic Herb Chimichurri  
 Tzatziki & Mediterranean Rub M  
 Herb Rub & Artichoke Puttanesca

#### Earthy & Spicy

Smoky Rub & Chipotle BBQ Sauce  
 Cajun Blackened & Hot Butter M  
 Nori Chili Crust & Sticky Soy Sauce So,SH,SE  
 Maple Butter & Pecan Sage Gremolata M,T

### Legal Classics

**HADDOCK, BAKED ANNA'S WAY** W,So,M,F  
 NORTH ATLANTIC wild caught, buttered crumbs, roasted tomato, herbed rice pilaf, steamed broccoli

**CRAB CAKE & SHRIMP** W,E,So,M,SH,F,SE  
 lump crab cake, grilled shrimp, mustard sauce, herbed rice pilaf, greens, corn, onion, tomato, Dijon vinaigrette

**SHRIMP SCAMPI** W,E,So,M,SH  
 linguini, tomato, sofrito, white wine, garlic butter

**LOBSTER MAC & CHEESE** W,E,So,M,SH  
 one whole lobster, Vermont cheddar, buttered crumbs

**FISH & CHIPS** E,So,M,SH,F  
 NORTH ATLANTIC wild caught, always fresh, traditional New England style or cajun, served with french fries and coleslaw

**CRISPY FRIED SHRIMP** E,So,M,SH,F  
 BAJA, MEXICO traditional New England style or cajun, served with french fries and coleslaw

### Salads & Bowls

**GREEK SALAD** M  
 romaine, tomato, cucumber, feta cheese, chickpeas, Kalamata olives, lemon-oregano vinaigrette

**CLASSIC CAESAR SALAD** W,E,So,M,F,SE  
 romaine hearts, garlic croutons, shaved romano cheese, creamy dressing

**THAI PEANUT SALAD** E,So,M,SH,F,P,SE  
 napa cabbage, red cabbage, edamame, scallion, red pepper, peanut dressing, crispy rice noodles

**HARVEST BEET SALAD** M  
 roasted red beets, roasted carrots, cranberries, goat cheese, pumpkin seeds, romaine, spinach, white balsamic vinaigrette

**TOP SALADS WITH:**  
**GRILLED CHICKEN** So,SH,F,SE **GRILLED SHRIMP** So,SH,F,SE  
**GRILLED SALMON\*** So,SH,F,SE **LOBSTER TAIL** SH  
**GRILLED SIRLOIN TIPS\*** So,SH,F,SE

**GRAIN BOWL** W,E,So,SE  
 kimchi, pickled cabbage, avocado, seaweed salad, pineapple, spicy mayo, CHOICE OF: sushi rice or farro  
**TOP WITH: TUNA SASHIMI\*** F | **SALMON SASHIMI\*** F

**HOISIN SALMON SALAD\*** W,So,SH,F,T,SE  
 hoisin glazed salmon, napa cabbage, spinach, red cabbage, edamame, red pepper, tomato, cucumber, cashews, sesame soy vinaigrette

**SOUTHWEST CHICKEN SALAD** E,So,M,SH,F,SE  
 blackened chicken breast, romaine, roasted corn, black beans, cheddar, avocado, tomato, cucumber, red onion, red pepper, scallion, crispy tortilla, chipotle ranch dressing

### Sides

**STEAMED BROCCOLI** M

**THAI STYLE BOK CHOY & KIMCHI** So,F

**COLESLAW** E,So

**ONION STRINGS** E,So,M,SH,F

**FRENCH FRIES** E,So,M,SH,F

**WHIPPED POTATOES** M

**CRISPY POTATO WEDGES** E,So,M,SH,F

**SWEET POTATOES** pecans M,T

**STEAMED JASMINE RICE**

### Add Ons

make your meal a Surf & Surf or a Surf & Turf

**CRAB CAKE** W,E,So,M,SH,F

**SHRIMP & SCALLOP STUFFING** W,So,M,SH

**SIRLOIN TIPS\* GRILLED** So,SH,F,SE

**SHRIMP GRILLED** So,SH,F,SE

**LOBSTER TAIL** SH

### Sandwiches

served with french fries and coleslaw E,So,M,SH,F

**FISH SANDWICH** W,E,So,M,SH,F,SE  
 NORTH ATLANTIC wild caught whitefish (always fresh!), lettuce, tomato, pickle, tartar sauce

**LEGAL LOBSTER ROLL**  
 warm butter-poached W,So,M,SH,SE  
 or traditional with lemon mayo W,E,So,M,SH,SE

**TUNA MELT** W,E,So,M,SH,F,SE  
 olive oil poached tuna, herb spread, American cheese, marble rye, lettuce, tomato, pickle

**CHICKEN SANDWICH** W,E,So,M,SH,F,SE  
 applewood smoked bacon, Vermont cheddar, lettuce, tomato, mayo

**ROAST BEEF SANDWICH\*** W,E,So,M,SH,F,SE  
 housemade roast beef, chipotle BBQ sauce, horseradish aioli, Vermont cheddar, crispy fried onions, onion roll

**BACON CHEDDAR BURGER\*** W,So,M,SH,F,SE  
 DOUBLE R RANCH, WASHINGTON STATE  
 applewood smoked bacon, Vermont cheddar, lettuce, tomato

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