



## Starters

**NEW ENGLAND CLAM CHOWDER**  
our award-winning recipe **BOWL 12 | CUP 9.5**

**LOBSTER BISQUE** **BOWL 12 | CUP 10**  
lobster meat garnish, cream sherry

**CRAB CAKE, A LEGAL SIGNATURE** 24  
lump crab, mustard sauce, greens, corn, onions, tomatoes, Dijon vinaigrette

**CALAMARI, CRISPY FRIED** 18.5  
**GULF OF MAINE** choice of:  
• **TRADITIONAL** with tartar sauce  
• **RHODE ISLAND STYLE** (*hot peppers & garlic*)

**TUNA & WATERMELON TARTARE\*** 22  
tomatillo salsa, plantain tostones

**MUSSELS, ORGANIC** 19  
PEI garlic-butter broth, white wine, grilled bread

**FISH TACOS** 17  
**NORTH ATLANTIC** whitefish, pickled red cabbage, chipotle aioli, pico de gallo, choice of:  
• **CRISPY FRIED**  
• **CAJUN BLACKENED**

**STUFFIES** 16  
**CAPE COD** quahogs, chouriço, butter, Ritz crumbs

**STARTER SAMPLER** 42  
half orders of classic and specialty starters: fried shrimp & scallops, RI style calamari, shrimp pot stickers, bang bang cauliflower (contains peanut oil)

**CRAB, SPINACH & ARTICHOKE DIP** 25  
pita chips

**STREET CORN & CHICKEN SKILLET DIP** 21  
blue corn tortilla chips, plantain tostones

**SHRIMP POT STICKERS** 16  
kung pao sauce (contains peanut oil)

**BANG BANG CAULIFLOWER** 16  
tempura fried, kung pao sauce (contains peanut oil)

## Salads

**GREEK SALAD** 15  
romaine, leaf lettuce, tomato, cucumber, feta cheese, chickpeas, Kalamata olives, lemon-oregano vinaigrette

**THAI PEANUT SALAD** 15  
napa cabbage, red cabbage, carrots, scallion, red peppers, peanut dressing, crispy rice noodles

**CLASSIC CAESAR SALAD** 13  
romaine hearts, garlic croutons, shaved romano cheese, creamy dressing

**TOP SALADS WITH:**  
**GRILLED PETIT SIRLOIN\*** 19      **GRILLED SALMON\*** 19  
**GRILLED SHRIMP** 13              **GRILLED CHICKEN** 7  
**LOBSTER TAIL** MKT

**STEAK & SPINACH SALAD\*** 28  
petit sirloin, strawberries, blue cheese, pickled onions, balsamic vinaigrette

**SOUTHWEST CHICKEN SALAD** 21  
blackened chicken breast, romaine, roasted corn, black beans, cheddar, avocado, tomato, cucumber, red onion, red pepper, scallion, crispy tortilla, chipotle ranch dressing

## Sandwiches

served with french fries and coleslaw

**BEER-BATTERED FISH SANDWICH** 19  
**NORTH ATLANTIC** wild caught whitefish, gluten-free beer batter, lettuce, tomato, pickle, tartar sauce

**TUNA MELT** 19  
olive oil poached tuna, herb spread, American cheese, marble rye, lettuce, tomato, pickle

**LEGAL LOBSTER ROLL**  
traditional with lemon mayo  
or warm butter-poached  
• **SIGNATURE HALF POUND** 53  
• **QUARTER POUND** 35

**SMASH BURGER** 20  
applewood-smoked bacon, American cheese, pickle, caramelized onion aioli

**BLACKENED CHICKEN SANDWICH** 19  
avocado crema, chipotle aioli, pickled red onion, lettuce, tomato

## Crispy Fried

made with our gluten-free fry mix, served with french fries and coleslaw  
**TRADITIONAL NEW ENGLAND STYLE OR CAJUN**

**SHRIMP** 28.5  
**BAJA, MEXICO**

**CLAMS, WHOLE BELLY** MKT  
NEW ENGLAND sweet & petite  
- seasonal availability -

**FISH & CHIPS** 29  
**NORTH ATLANTIC** wild caught, choice of:  
• **TRADITIONAL NEW ENGLAND STYLE**  
• **BEER-BATTERED** still gluten-free!

**FISHERMAN'S PLATTER** 44  
shrimp, scallops, local whitefish, calamari, onion strings

**SCALLOPS** 38  
**ARCTIC OCEAN**

## From the Grill

served with a choice of two sides, simply prepared with lemon & olive oil, or enhance with one of our chef-curated flavor combinations:

**LEMON BUTTER & CRISPY CAPERS | GARLIC HERB CHIMICHURRI | CAJUN BLACKENED & HOT BUTTER | NORI CHILI CRUST & KUNG PAO SAUCE** (contains gluten and peanut oil)

**SWORDFISH STEAK** 42  
**WILD CAUGHT**

**SHRIMP** 35  
**BAJA, MEXICO**

**SALMON\*** 34  
**HELGELAND COAST, NORWAY**

**COD LOIN** 33  
**ICELAND MSC Certified Sustainable**

**RAINBOW TROUT** 30  
**COLOMBIA BAP 4-Star Certified Sustainable**

**FILET MIGNON\*** 8oz 49  
**DOUBLE R RANCH, WASHINGTON STATE**

**SIRLOIN STEAK\*** 10oz 42  
**DOUBLE R RANCH, WASHINGTON STATE**

**STATLER CHICKEN BREAST** 28

## Add Ons

make your meal a Surf & Surf or a Surf & Turf

**PETIT SIRLOIN\*** 19              **CRAB CAKE** 20  
**SHRIMP** 13                          **LOBSTER TAIL** MKT

## Sides

\*additional sides 9 (coleslaw 4)

**SNAP PEAS WITH GINGER & MINT**  
**STREET CORN OFF THE COB**  
**CRISPY POTATO WEDGES**  
**TRUFFLE FRIES**  
**COLESLAW**  
**HERBED RICE PILAF** (contains gluten)

**STEAMED BROCCOLI ONION STRINGS**  
**WHIPPED POTATOES**  
**FRENCH FRIES**  
**JASMINE RICE**

## Legal Classics

**COD, SALT & VINEGAR CRUSTED** 33 **ICELAND** crispy potato wedges, napa cabbage and bacon slaw, rémoulade

**SOLE MEUNIÈRE** 30 **WILD-CAUGHT** pan-seared sole, capers, parsley, brown butter, snap peas, herbed rice pilaf

**HADDOCK, BAKED ANNA'S WAY** 29.5 **NORTH ATLANTIC** wild caught, buttered crumbs, roasted tomato, herbed rice pilaf, steamed broccoli

**CIOPPINO** 45 clams, mussels, shrimp, calamari, whitefish, lobster tail, tomato broth

**CRAB CAKE & SHRIMP** 45 lump crab cake, grilled shrimp, mustard sauce, herbed rice pilaf, greens, corn, onion, tomato, Dijon vinaigrette

**STUFFED SHRIMP** 34 **BAJA, MEXICO** crab, spinach and artichoke stuffing, herbed rice pilaf

**SHRIMP SCAMPI** 27 **BAJA, MEXICO** linguini, tomato, sofrito, white wine, garlic butter

**LOBSTER, STEAMED** MKT **GULF OF MAINE** choice of two sides

**LOBSTER, BAKED STUFFED** MKT **GULF OF MAINE** shrimp, scallops, peppers, onions, buttery crackers, choice of two sides

**STUFFED LOBSTER TAILS** MKT **GULF OF MAINE** shrimp, scallops, peppers, onions, buttery crackers, choice of two sides

**STEAK FRITES\*** 42 **DOUBLE R RANCH, WASHINGTON STATE** 10oz sirloin, truffle fries, garlic butter

**ROASTED CHICKEN PUTTANESCA** 28 artichoke, tomato and olive puttanesca, crispy potato wedges, roasted broccoli

Legal Sea Foods offers a variety of options that can be prepared gluten-free. Please tell your server if you prefer gluten-free preparation.

Before placing your order, please inform your server if a person in your party has a food allergy.

Scan QR code to view menu with allergy info.

\*Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

